

PROGRAM AT A GLANCE

02 & 03

03 SEPTEMBER 2007

	VICTORY ROOM	VICTORY ROOM A	VICTORY ROOM B	VICTORY ROOM C
9:00am	Opening Plenary			
10:30am	Morning Tea			
11:00 am	Disentangling Fact from Fiction (PANEL)			
12:30pm	Lunch			
1:30pm	Looking Past the Labels	Early Intervention in Primary Care: the role of general practice	Working with Young People	Spotlight on Mental Health (WORKSHOP)
3:00pm	Afternoon Tea			
3:30pm	Falling Through the Cracks: the role of prisons (PANEL)	Needle and Syringe Programs: prevention and early intervention	Working with Diversity	Unmasking Drug Use (WORKSHOP)
5:00pm	End			
5:15pm	Cocktail Party (Medallion Terrace)			

04 SEPTEMBER 2007

	VICTORY ROOM	VICTORY ROOM A	VICTORY ROOM B	VICTORY ROOM C
9:00am	Staying Strong at the Coalface: caring for workers	Empowerment and Recovery: addressing stigma and stereotyping	Crisis Management and Prevention: perspectives from the street	
10:30am	Morning Tea			
11:00 am	Pharmacological Treatments: synergies and challenges	Amphetamine Type Substances: getting up to speed	Dual Diagnosis: building skills and competencies	NSPs: the future (FORUM)
12:30pm	Lunch			
1:30pm	Closing the Gap: integration and collaboration (PANEL)	Injecting Related Harms	Working Together: partnerships in practice	
3:00pm	Afternoon Tea			
3:15pm	Closing Plenary			
4:15pm	End			

PROGRAM SESSIONS 3 SEPT 07

8:00am		REGISTRATION
9:00am	VICTORY ROOM:	OPENING PLENARY <p>There are many, often complex, issues associated with illegal drugs and mental health. This opening plenary will introduce them, traversing the political with stories from people affected by illegal drugs and mental health concerns. From personal, family to community perspectives, the plenary will set the scene for wide-ranging discussions addressing the holistic and integrated ways that the challenges may be tackled.</p> <p>p.10 Miles Buchanan p.10 Jo Buchanan p.10 Lyn Dixon p.10 Dr David Webb <i>Beware of medical solutions to human problems</i></p>
10:30am		MORNING TEA
11:00am	VICTORY ROOM:	DISENTANGLING FACT FROM FICTION (PANEL) <p>Most people still don't understand mental illness, or how to recognize when someone is mentally unwell. Nor is there much comprehension of the issues underlying illegal drug use. This session will scrutinise the connection between illegal drugs and mental health. Should we be asking why drug users are anxious and depressed, and whether mental health may be a continuum, rather than a notional dividing line? It will look at the alternative ways forward.</p> <p>Chair: p.10 David Crosbie (Mental Health Council of Australia) Panellists: p.11 Associate Professor Michael Baigent (Flinders University and Drug and Alcohol Services SA) p.11 Dr. Stefan Gruenert (Odyssey House Victoria) p.11 Barbara Hocking (SANE Australia) p.11 Dr. Dan Lubman (Orygen Research Centre) p.11 Dr. David Webb (Psychiatric Survivor, Insane Australia)</p>
12:30pm		LUNCH
1:30pm	VICTORY ROOM:	LOOKING PAST THE LABELS <p>Mental illness and illegal drug use don't occur in a vacuum - social and other forces frame our experience of them. This session will challenge existing perceptions, asking if illegal drug users fit the cliché of 'mad or bad', and whether such labels contribute to social exclusion and negative mental health and wellbeing.</p> <p>p.12 Professor Robert Watts (RMIT University) p.12 Michael Lodge (NSW Users and AIDS Association) <i>What makes me MAD: angry & insane, depressed, anxious & confused?!?</i> p.12 Cynthia Morton (Emotional Fitness Foundation) <i>The Emotional Fitness Program: addressing the trauma and addiction link.</i> p.13 Tamara Speed (Australian Injecting and Illicit Drug Users League) <i>Are all drug users afflicted?</i></p>
1:30pm	VICTORY ROOM A:	EARLY INTERVENTION IN PRIMARY CARE: THE ROLE OF GENERAL PRACTICE <p>Those with mental health and illicit drug problems fall into the cracks of the health system, often shuffled between services, and ending up with GPs and other primary care providers. This session will examine the ways in which general practice is cooperating to limit adverse outcomes.</p>

- p.14 **A/Professor Michael Baigent** (Flinders University and Drug and Alcohol Services SA)
Substance induced psychiatric disorders, illegal drug use and co-morbidity
- p.14 **Meriel Shultz** (Australian General Practice Network)
The 'Can Do' Initiative: Managing Mental Health and Substance Use in General Practice - a model for capacity building through multidisciplinary education and training
- p.15 **Dr Ronald McCoy** (Royal Australian College of GPs)
Being there - psychiatrist liaison support for general practitioners caring for patients with substance use disorders.
- p.15 **Kay Dufty** (Northern Division of General Practice, Melbourne)
- p.15 **Cheryl Delalande** (Darebin Community Health)
Pharmacotherapy and better outcomes in mental health care initiative - Darebin Community Health and the Northern Division of General Practice working together.

1:30pm VICTORY ROOM B: **WORKING WITH YOUNG PEOPLE**

Young people are identified as a high risk group for mental illness and experiencing the downside of illegal drug use. This session will consider the different ways - utilizing old and new technology, from the web to rehab and marketing - of working with this dual diagnosis population.

- p.16 **Stewart Stubbs** (Sydney West Area Health Service)
- p.16 **Louise Maher** (Sydney West Area Health Service)
'keep your head together'.
- p.17 **Sophie Morson** (Royal Children's Hospital and Health Service District QLD)
A profile of substance use amongst young people presenting for mental health treatment: service identification of and response to youth dual diagnosis.
- p.17 **Yvonne Devey** (Youth Substance Abuse Service)
The chicken and the egg- dealing with dual diagnosis in a youth residential program.
- p.18 **Martina Arazzini** (ROCKET - Western Region Health Centre)
- p.18 **Fiona Connally** (MidWest Area Mental Health Service)
KALEIDOSCOPE: Community and clinical services working together to provide integrated interventions for young people with a dual diagnosis.

1:30pm VICTORY ROOM C: **SPOTLIGHT ON MENTAL HEALTH (WORKSHOP)**

Mental illness is often talked about, but seldom succinctly explained. This session will do that - exploring symptoms, impact, and interventions ranging from pills (the biological) to person-centred (the biographical). It will provide a 'working paradigm' of the mental health world, including the role of families and the non-government sector.

- p.18 **Charl van Wyk** (NEAMI)
- p.18 **Robyn Humphries** (Northern Area Mental Health Service)

3:00pm **AFTERNOON TEA**

3:30pm VICTORY ROOM: **FALLING THROUGH THE CRACKS: THE ROLE OF PRISONS (PANEL)**

This panel discussion will spotlight the role of custodial settings such as juvenile justice and prisons in responding to the needs of people affected by both mental health problems and drug use. This session will explore the role of custodial settings as the de-facto "safety net" for people with illegal drug use and mental health problems. Panellists will reflect on the evidence and question what can be done to ensure health care addresses this population's complex healthcare needs.

Chair:

- p.19 **Associate Professor Michael Levy** (Corrections Health Program, ACT Health)
- Panellists:
- p.19 **Carol Berry** (Health Policy and Advocacy, Public Interest Advocacy Centre)
- p.19 **Brett Collins** (Justice Action)
- p.19 **Xavier Majo-Roca** (Department of Health, Catalonia, Spain)
- p.19 **Professor James Ogloff** (Monash University)

3:30pm VICTORY ROOM A: **NEEDLE AND SYRINGE PROGRAMS: PREVENTION AND EARLY INTERVENTION**

Often the first and only point of contact for a vulnerable and marginalised population, this session will look at how Needle and Syringe Programs can tackle mental illness and illegal drugs by considering the complex barriers to treatment, along with innovations such as meditation and service reform.

- p.20 **Dr. Carla Treloar** (National Centre in HIV Social Research)
Complex vulnerabilities as barriers to treatment for illicit drug users with high prevalence mental health comorbidities.
- p.20 **Melissa Dent & Roxanna Sherry** (HealthWorks)
Taking a breather from the chaos: using relaxation techniques to improve mental health amongst street-based heroin injectors.
- p.21 **Danny Jeffcote** (North Yarra Community Health)
No wrong door in Next Door.
- p.21 **Ann White** (Sydney South West Area Health Service)
From a selective model to a comprehensive model: addressing the unmet health needs of injecting drugs users at a needle syringe program in Redfern, Sydney.
-

3:30pm VICTORY ROOM B: **WORKING WITH DIVERSITY**

Indigenous Australia, like the rest of the country, knows what it is to experience mental illness and illegal drug use. So do gay, lesbian, bisexual and transgender people and sex workers, who suffer PTSD. There are specific, often historic, reasons for this and this session will examine them, and how marginalization complicates treatment.

- p.22 **Scott Wilson** (Aboriginal Drug and Alcohol Council SA)
Illicit drugs and mental health among Indigenous communities what are the challenges.
- p.22 **Jo Holden** (Sex Workers Outreach Project)
- p.22 **Amanda Roxburgh** (National Drug and Alcohol Research Centre)
Post traumatic stress disorder and comorbid drug use problems among female street workers: How can we address some of the issues these women face?
- p.23 **Brendan Fitzhenry** (Community Reintegration Program, Salvation Army)
The community reintegration program- a model for social wellbeing and connectedness.
- p.24 **Nicky Bath** (AIDS Council of NSW)
Analyse This! Mental health, illicit drugs and the GLBT community.
-

3:30pm VICTORY ROOM C: **UNMASKING DRUG USE (WORKSHOP)**

What are the drugs and how do they work? This session will provide a brief road map of the AOD (Alcohol and Other Drug) system. It will describe treatment and intervention and the harm that illicit drug use can cause.

- p.24 **Tony Palmer** (Youth Substance Abuse Service)
-

5:00pm **END**

8:00am

REGISTRATION

9:00am

VICTORY ROOM:

STAYING STRONG AT THE COALFACE: CARING FOR WORKERS

Who helps the helper? This panel discussion will explore examples of worker self-care, and the issues that come with interacting with fragile and traumatised people, and sometimes difficult situations. Find out more about compassion fatigue and stress and burnout. The emphasis will be on practical ways of staying strong at the coalface.

p.25 **Dr. Rob Gordon** (Consultant Psychologist)

Preventing and managing stress and burnout

p.25 **Linda Espie** (Counsellor and Educator, Private Practice)

Compassion Fatigue: Finding Compassion for Self in the Caring of Others

p.25 **Heather Pickard** (Victorian Nurses Health Program)

Impacts of work stress on nurses in an often volatile environment

- some strategies for self care advocated for at the VNHP

p.26 **Dr. Ingrid van Beek** (Medically Supervised Injecting Centre)

I suppose someone's gotta do it - heavy work indeed.

9:00am

VICTORY ROOM A:

EMPOWERMENT AND RECOVERY: ADDRESSING STIGMA AND STEREOTYPING

Stigma and stereotypes still pervades mental illness and illicit drug use. This session provides an opportunity to reflect on what empowerment means, why it is important, and some ways that this has been pursued.

p.27 **Dr. Joan Clarke** (Mental Health Consultant)

Recovery- it often comes from the doing

p.27 **Helen Connor** (Australian Mental Health Consumers Network)

p.27 **Regina Brindle** (Association of Participating Service Users)

The Road to Empowerment

9:00am

VICTORY ROOM B:

CRISIS MANAGEMENT AND PREVENTION: PERSPECTIVES FROM THE STREET

Assisting those on the street requires special skills. It is the ambos, cops and other front-liners that bear the brunt. Police and ambos are typically the first, and often the only, services called to respond to situations involving people with mental health problems. Questions of risk and safety for personnel and responsibility for the welfare of the people with coexisting mental health and drug use issues, are just two of the many. This session explores the dilemmas and issues faced by front-liners on the street.

p.28 **John Carr** (Mental Health Intervention Project Queensland)

p.28 **Inspector Shane Doyle** (Queensland Police)

Preventing and responding to mental health crisis situations- A tri-agency partnership.

p.28 **Sally Walker** (Victoria Police)

Law Enforcement response to mental health issues among people who use illegal substances.

10:30am

MORNING TEA

11:00am

VICTORY ROOM:

PHARMACOLOGICAL TREATMENTS: SYNERGIES AND CHALLENGES

There is the drug obtained legally for mental health problems; then there is the drug scored illegally to, among other things, self-medicate. Both affect the brain in complex ways that this session will explore. It will examine new research highlighting the interaction between medications, the complications brought on by "street" drugs and practical strategies for minimising harm.

p.29 **Professor Jon Currie** (St Vincent's Hospital, Melbourne)

p.29 **Dr. Enrico Cementon** (Consultant Psychiatrist, SUMITT)

Interactions between drugs of abuse and psychotropic medications

p.29 **Paul Dessauer** (WA Substance Users Association)

"Methadone in my madness" (Beyond chickens and eggs in dual diagnosis).

11:00am VICTORY ROOM A: **AMPHETAMINE TYPE SUBSTANCES: GETTING UP TO SPEED**

Ecstasy, the so-called 'Party Drug' is booming, particularly among young people, and for some the result is said to be psychosis. What do we really know about the impact of amphetamine type drugs on mental health?

- p.30 **Dr. Rebecca McKetin** (National Drug and Alcohol Research Centre)
Individual and Social Consequences of Methamphetamines Research: Perspectives from the Coalface of Data Collection.
- p.30 **Paul Dillon** (National Drug and Alcohol Research Centre)
Ecstasy use and mental health: what does the current research tell us?
- p.31 **Bill Robertson** (Stimulant Treatment Program, Hunter New England Area Health Service)
- p.31 **Tarra Adam** (St. Vincent's Hospital, Sydney)
The first recipe from Tweakers Kitchen.
-

11:00am VICTORY ROOM B: **DUAL DIAGNOSIS: BUILDING SKILLS AND COMPETENCIES**

The most effective approach to assist those using illicit drugs and experiencing mental health problems is thought to include integrated treatment. But how is this to be guaranteed within a health system where specialization is encouraged? This session will look at the latest ways of creating a multi-skilled workforce.

- p.31 **Rebecca Coleman** (Inspire Foundation)
Exploring the opportunities for professionals to engage young people in treatment using internet based technology.
- p.32 **Alysha Batty** (Department of Human Services)
- p.32 **Gary Croton** (Eastern Hume Dual Diagnosis Service)
Victoria's cross-sector response to dual diagnosis.
- p.33 **Nicole Allen and Jessica Davis** (SUMITT)
Working to enhance staff confidence and competence in addressing dual diagnosis within the Alcohol and Other Drug and mental health sectors.
- p.33 **Andrea Herman** (Victorian Dual Diagnosis – Education and Training Unit)
Bending over backwards- a flexible approach to professional development in dual diagnosis.
-

11:00am VICTORY ROOM C: **NSPS: THE FUTURE (FORUM)**

Needle and Syringe Programs have been seen as an innovative way of containing the spread of HIV among injecting drug users. If this is the case, the question arises, what is the vision for the future? Are there other public health roles for NSPs that touch on issues like prevention and early intervention and the real life priorities of clients?

Facilitator:

- p.34 **Professor Robert Power** (Centre for Harm Reduction, Burnet Institute for Medical Research and Public Health)
-

12:30pm **LUNCH**

1:30pm VICTORY ROOM: **CLOSING THE GAP: INTEGRATION AND COLLABORATION (PANEL)**

What is the best way to respond to the challenge of illegal drugs and mental health? There are a number of models and many will be discussed in this session. Under the microscope will be the 'one-stop-shop', referral pathways, how collaboration might be improved between the mental health and illegal drug sectors, and scenarios for the future. Is it combination or collaboration? Can the clinical learn from the social and vice versa?

Facilitator:

- p.34 **John Roskam** (Institute of Public Affairs)
- Panellists:
- p.34 **David Crosbie** (Mental Health Council of Australia)

- p.34 **Dr Matthew Frei** (Southern and Eastern Health)
- p.34 **Professor David Kavanagh** (University of Queensland)
- p.35 **Jon Kroschel** (Alfred Hospital)
- p.35 **David Murray** (Youth Substance Abuse Service)
- p.35 **Cath Peachey** (Australian Government Department of Health and Ageing)
- p.35 **Dr. Ruth Vine** (Victorian Department of Human Services)

1:30pm VICTORY ROOM A: INJECTING RELATED HARMS

Injecting can harm those who use drugs, and not just because of the risk of blood-borne virus transmission. This session will examine the complicated issues surrounding injecting and contrast the latest research into the range of injection-related injuries with the personal and psychological experiences of injecting.

- p.36 **Dr. James Rowe** (RMIT University)
The Feel of Steel: Addressing the obsession to inject
- p.36 **Dr. Robyn Dwyer** (Burnet Institute)
The IRID Project: an exploratory study of non viral injecting related injuries and diseases among Australian injecting drug users.
- p.37 **Andrew Conroy** (Queensland Health)
The nature of severe injection related injury and disease in Australia and the potential for coordinated responses
- p.37 **Joanne Bryant** (National Centre in HIV Social Research)
Secondary exchange in south east Sydney: the unknown 'reach' of needle and syringe distribution services

1:30pm VICTORY ROOM B: WORKING TOGETHER: PARTNERSHIPS IN PRACTICE

Is integrated treatment the best way to treat those with mental health and substance use disorders? This will be explored in this session including the importance of partnerships and collaboration along with the significant role of access to community services.

- p.38 **Dr Tricia Nagel** (Top End Mental Health Services)
Yarning about mental health: an NT collaboration.
- p.38 **Cheryl Sobczyk** (Bendigo Community Health)
Inter agency collaborative practice towards better service experience for dual diagnosis clients.
- p.39 **Miranda Manning and Samantha Ratnam** (Odyssey House Victoria)
The Eclipse Project- improving outcomes in mental health and substance use treatment.
- p.40 **Bill Couche** (Homelessness and Drug Dependency Program)
A ground breaking partnership addressing homelessness, drug dependency and mental health.
- p.40 **Gary Croton** (Eastern Hume Dual Diagnosis Service)
Integrated treatment of co-occurring mental health & substance use disorders.

3:00pm AFTERNOON TEA

3:15pm VICTORY ROOM: CLOSING PLENARY

- p.41 **Senator Brett Mason**
- p.41 **Xavier Majo-Roca**
Trying to overcome inequity and discrimination in prison health: The syringe exchange experience in Catalonia and Spain.
- p.41 **Father Bob Maguire**
The gods must be crazy

4:15pm END
