

Anex provides alcohol and other drug education and training services to many sectors including:

- » Local government
- » Health and community services
- » Hospitality

We also provide policy-based consulting services to support the health and safety of staff and the broader community. Our services include risk assessment and policy development for:

- » Working with substance affected people
- » Dealing with challenging behaviours
- » Blood Borne Virus prevention and care
- » Safe handling of needles and syringes

Anex Vision:

A society in which all individuals and communities are free from drug-related harm.

A non-profit organisation, Anex promotes and supports evidence-based approaches to prevent and reduce harms associated with alcohol and other drugs.

EDUCATION TRAINING & CONSULTING



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EDUCATION AND CONSULTING

Alcohol and other drug use has consequences for many organisations including health and community services, local government and private businesses.

Anex offers an extensive Education and Consultancy Program to support organisations to manage the effects of alcohol and other drug use.

Anex also offers occupational health and safety consulting services to address alcohol and other drug-based risks, including risk assessment and policy development.

Anex is a national organisation and can deliver programs in all locations. Anex has a significant history working with communities in metropolitan, regional and rural contexts.

Training sessions are developed to meet your organisation's individual needs. The modules outlined in this brochure illustrate just some of the topics available.

TRAINING MODULES

DRUG IDENTIFICATION AND INFORMATION

Given the many names and different forms a drug can take, it is useful to possess a sound understanding of drugs, drug use and the potential impacts of each drug. This session includes:

- » Drug identification and classifications
- » Key definitions
- » Routes of administration
- » Effects of the more commonly used substances

ENGAGEMENT, COMMUNICATION & CHALLENGING BEHAVIOURS

There may be occasions when staff come across behaviours that are challenging and require intervention. This session looks at:

- » Effective communication skills
- » Negotiation, problem solving and conflict resolution
- » Recognising and responding to challenging behaviours
- » Risk management and self care

WORKING WITH SUBSTANCE AFFECTED PEOPLE

This session provides participants with the knowledge and skills to:

- » Recognise the signs and symptoms of intoxication with different drugs
- » Work with intoxicated people in a safe and effective manner
- » Apply duty of care and ethical practice principles
- » Implement emergency responses as appropriate

AMPHETAMINE TYPE STIMULANTS

Amphetamine type stimulants (ATS) are amongst the most commonly used illicit drugs and their impact can be significant. Participants will:

- » Develop their knowledge in relation to ATS
- » Gain an understanding of the potential harms associated with ATS use
- » Learn strategies to work effectively with people who use ATS to prevent and reduce harms

PHARMACOTHERAPY AND OTHER TREATMENT OPTIONS

This session will provide participants with an understanding of a range of drug treatment options by exploring topics such as:

- » Non-pharmacological interventions including cognitive therapy
- » Pharmacological options
- » Accessing programs in your local setting

BLOOD BORNE VIRUS PREVENTION AND CARE

It is important that staff are aware of infection control policies and procedures and subsequently modify and improve work practices. This session will explore:

- » Key blood borne viruses
- » Risk and protective factors for transmission
- » Testing and treatment options

SAFE HANDLING OF NEEDLES AND SYRINGES

This session equips participants with the skills and knowledge to safely dispose of discarded needles and syringes. It is suitable for people working in a range of contexts including parks and gardens, cleaners, hospitality and accommodation, waste management, healthcare and community services. Participants will:

- » Explore why needles and syringes are inappropriately disposed
- » Learn of common places that discarded equipment is found
- » Handle injecting equipment and practice safe procedures
- » Discuss strategies to prevent inappropriate disposal